

# **NAPPY CHANGE AND TOILETING POLICY**



## **OBJECTIVE**

Nappy changing and toileting are a major part of a child's development and provide ideal opportunities for age appropriate learning experiences. RECC endeavours to make nappy changing and toileting a relaxed and positive experience that supports each child to develop independence while maintaining good hygiene.

Nappy change facilities at RECC comply with Regulation 112 of the Education and Care Services National Regulations 2011 under the Education and Care Services National Law (ACT) Act 2011. Toileting facilities at RECC comply with Regulation 109 of the Education and Care Services National Regulations 2011 under the Education and Care Services National Law (ACT) Act 2011.

## **NAPPY CHANGING**

Nappy changing is carried out with an attention to the safety and comfort of the child, taking into account the needs of individual children. Nappies are changed frequently to avoid nappy rash occurring.

If a child has nappy rash and/or parents would like nappy rash cream applied by educators they are required to supply the nappy rash cream with their child's name clearly labelled on it and complete a Topical Ointment Form authorising educators to apply the cream.

The nappy change procedure is displayed in all bathrooms for educators and parents and a nappy change record is readily available for parents to see.

Parents wishing to supply cloth nappies for their children will need to discuss the issue with the room leader to see if the room can accommodate this request.

## **TOILET TRAINING**

Learning to use the toilet is a big step for children and it can take a while for them to accomplish. Toilet training should be a positive experience for a child, a milestone in their development in which all efforts should be encouraged and celebrated when achieved.

RECC works to maintain continuity between home and the centre, reaching an agreement between educators and parents about when a child is ready to begin toilet training. Signs of readiness can include a dry nappy at change time or after their day time sleep, not wanting to wear a nappy any more, understanding what the toilet is used for, and taking an interest in the toilet and of others using the toilet.

Children are taken to the toilet frequently when toilet training. Children are praised for learning new skills and encouraged to be proud of their accomplishment. Accidents are expected and educators are trained to respond with patience and a positive attitude.

## Nappy Change and Toileting Policy

Parents are encouraged to dress their child in clothes that are easy to get on and off while they are toilet training and provide adequate supplies of spare clothes. In the event that insufficient spare clothes are provided by a parent, RECC maintains a supply of spare clothing. Soiled clothes are placed in plastic bags and sent home in accordance with the toilet accident procedure displayed in all bathrooms.

During toilet training, a toileting record form is readily available for parent to see and educators are encouraged to communicate daily with parents, working in partnership to ensure success.

### **TOILETING**

Child size toilets are accessible to children at all times, encouraging independence and providing routines based on individual needs.

Hand basins and soap dispensers that can be easily operated by children are accessible to children at all times. Educators encourage correct hand washing techniques using soap and warm water after children have used the toilet.

Paper towels are available to children for drying their hands.

The toileting and accident procedures are displayed in all bathrooms for educators and parents to see.

### **RELATED POLICIES:**

Nappy Change, Toileting and Accident Procedure

Partnership with families Policy

Work Health and Safety Policy

### **SOURCES:**

Education and Care Services National Law (ACT) Act 2011

Education and Care Services National Regulations 2011